How to manage the stage

practical guide for artists who want to improve their study method and perform at 100% of their ability.



Interactive conference

Stage anxiety, performance anxiety, social anxiety and their role in live performances. A shared itinerary in search of the conditions that affect our performances. Sharing of the most common solutions adopted and presentation of practical exercises to be carried out in preparation for concerts to improve your study method.

Techniques of memorization, visualization, anticipation of stress, approach to the musical text, aimed at instilling a deep confidence in one's abilities with inevitable positive repercussions on the quality of our public performances.



Masterclass

Through individual lessons, open to all students, put into practice specific study methods aimed at solving problems of technical, mnemonic and performance insecurity individualized for each student;





Work on the specific repertoire of interest of each individual participant, experimenting in real time the effectiveness of the different techniques

Trust 57.07%

Unforeseen 3.21

Variables 39.72%

Performance

Student concerts

Putting into practice what has been learned during the lessons in order to formulate feedback. Reelaboration of personal experiences to design the future study targeted for each individual participant



Roberto Tascini

education.

Concert artist with more than 300 concerts in over 20 countries on different continents, he carries out his activity as a soloist, soloist in orchestra and in various chamber groups. Having obtained the title of "Master of Arts in Music" at the Musikochschule in Lucerne, he graduated in Conservation of Cultural Heritage at the University of Bologna, as well as in Guitar and Music Education. For years he has been involved in training for students and trainers in various fields such as teaching and youth